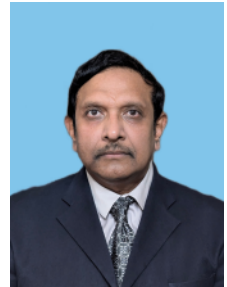


Applied for: Obstetrician and Gynecologist (Consultant and Teaching)

Specialty and/or field of expertise: Obstetrics and Gynecology /OBG Ultrasound /INFERTILITY /MATERNAL FETAL MEDICINE

Contact Number: +919957509199, +919876880706

Email: sanjandas70@gmail.com
sanjandas70@yahoo.in

**Personal Data**

Gender: Male
First Name: SANJAN
Family Name: DAS
Religion: Hindu
Date of Birth: 12 Feb 1970
Nationality: Indian
Country of Birth: India
Marital Status: Married
Spouse's Full Name: Pritha Das
Spouse's Profession: Teacher in kindergarten schools
Number and age of children: Daughter aged 22 yrs and son aged 12 yrs

Contact Information:

Permanent Address:
3B BLOCK 2 SILVER SQUARE
91 BRIJI EAST PATULI
KOLKATA 700084

Present address:
LALITHA MAHAL, 144,
10TH CROSS
INDIRANAGAR STAGE1
BENGALURU 560038

Languages Level (Fluent / Average / Basic)	Writing	Reading	Speaking
English	Fluent	Fluent	Fluent
Hindi	Fluent	Fluent	Fluent
Bengali	Basic	Average	Fluent

Registrations

Name of Authority/ Country: WEST BENGAL MEDICAL COUNCIL

Type of registration and no.: Permanent, 53010

Date : 30 July, 1996

Karnataka Medical Council(KMC) : 174301, 29/06/2024

Medical Council of India (MCI) : 07/10/2008

Education (Before University)**A) School (class 10)**

Title : ICSE , Council for Indian School Certificate Exams, New Delhi

Name of School Loyola High School, Jamshedpur

Country: India **Date Completed:** 1986

B) School(class 12)

Title : ISC , Council for Indian School Certificate Exams, New Delhi

Name of School, College Loyola High School, Jamshedpur

Country: India **Date Completed:** 1988

PROFESSIONAL QUALIFICATIONS (In Chronological Order MBBS onwards):							
Course Name (e.g. MBBS, DNB/MD/MS/DM/MCh etc.)	Area of Specialization	Year of Passing	Name of the Medical College/Hospital/Institute with City & State	Qualification Registration Number	Name of the Medical Council	Registration Valid upto (month & Year)	Qualification recognized as per provision of IMC Act? (Yes/No)
MBBS		1995	MEDICAL COLLEGE CALCUTTA/KOLKATA/WB	53010	WEST BENGAL MEDICAL COUNCIL	JUL 2026	YES
MS	OBSTETRICS AND GYNAECOLOGY	2003	AFMC/PUNE/MAHARASHTRA	53010	MCI		YES

EXPERIENCE AFTER PG DEGREE QUALIFICATION									
Post PG Degree Experience (in Years):				19					
Period of Employment			Designation Held	Hospital / Institute Name with City & State	Department	Employment Status	Hours Spent per Day (approx)	Whether associated with TEACHING programme	
Present / Past	From (Month-Year)	To (Month-Year)							
Past	JAN 2004	DEC 2006	GRADED SPECIALIST	MILITARY HOSPITAL/SRIGANGANAGAR/RAJASTHAN	OBS AND GYNAE	Full Time	24	No	
Past	JAN 2007	SEP 2007	GRADED SPECIALIST	UNITED NATIONS LEVEL 3 HOSPITAL/DR CONGO/AFRICA	OBS AND GYNAE	Full Time	10	No	
Past	OCT 2007	MAY 2010	CONSULTANT	MILITARY HOSPITAL/AGRA/UP	OBS AND GYNAE	Full Time	24	Yes	
Past	JUN 2010	JUL 2014	CONSULTANT AND PG TEACHER	BASE HOSPITAL BARRACKPORE/ COMMAND HOSPITAL KOLKATA/WB	OBS AND GYNAE	Full Time	8	Yes	
Past	AUG 2014	JUL 2017	SENIOR COSULTANT	MILITARY HOSPITAL/BATHNDA/PUNJAB	OBS AND GYNAE	Full Time	24	No	
Past	AUG 2017	JUN 2018	SENIOR COSULTANT	BASE HOSPITAL/TEZPUR/ASSAM	OBS AND GYNAE	Full Time	24	Yes	
Past	JUL 2018	July 2020	SENIOR CONSULTANT AND DNB PG TEACHER	TATA MOTORS HOSPITAL/JAMSHEDPUR/JHARKHAND	OBS AND GYNAE	Full Time	8	Yes	
Past	Sep 2020	April 2024	CONSULTANT	MEDIHEAL HOSPITALS/NAIROBI/KENYA	OBS AND GYNAE	FULL TIME	24	NO	
Present	May 2024	Till Date	Professor OBG	MVJ MEDICAL COLLEGE AND RESEARCH HOSPITAL/BENGALURU/ KARNATAKA	OBG	Full Time	8	Yes	

RESEARCH ACTIVITIES:

Research Publication (*Vancouver citation style*)

Nature of Research Activities

FETAL BIOPHYSICAL PROFILE SCORE AND ITS ASSOCIATION WITH FETAL GROWTH RESTRICTION : MJAFI 2003

ORIGINAL RESEARCH ARTICLE

PREGNANCY WITH PORTAL HYPERTENSION J Obstet Gynecol India Vol. 57, No. 3 : May/June 2007 Pg 261-262

CASE SERIES

ASSOCIATION BETWEEN MATERNAL ORAL HEALTH AND ADVERSE PREGNANCY OUTCOMES (MOHAPO TRIAL): AFMRC PROJECT 2013

PROJECT (MOHAPO TRIAL) ORIGINAL PAPER

Sanjan Das. Comparison of Gestational diabetes and intra uterine fetal complication in a tertiary health facility. International Journal of Medicine and Public Health 2024; 14 (3); 612-615

ORIGINAL RESEARCH ARTICLE

Sanjan Das. Effect of Serum Uric Acid Level on Outcome of Pregnancy in Pre-Eclampsia. International Journal of Pharmaceutical and Clinical Research 2024; 16(9); 175-180

ORIGINAL RESEARCH ARTICLE

J Obstet Gynecol India Vol. 57, No. 3 : May/June 2007 Pg 261-262



of India

CASE REPORT

The Journal of
Obstetrics and Gynecology

Pregnancy with portal hypertension
Sandhya GS, Vinodha Shakti, Das Sanjan,
Department of Obstetrics & Gynecology, Armed Forces Medical College, Pune - 411040 (Maharashtra)

Key Words : portal hypertension, pregnancy

Introduction:

Pregnancy with portal hypertension is an uncommon condition. A number of patients with Extra hepatic portal venous obstruction (EHPO) and non cirrhotic portal thrombosis (NCP) are surviving to adult life. In patients with cirrhosis, as long as liver function is relatively preserved, pregnancy is possible. Obstetricians will therefore, see more patients with portal hypertension in the future. They should be aware of the course of the disease during pregnancy and the management strategies to be adopted.

contributed to by increased portal pressures during pregnancy, reflux esophagitis and obstruction to the inferior vena cava by the gravid uterus.

Management of portal hypertension in pregnant women is similar to that in non-pregnant patients. Their blockers are given to reduce portal venous pressures. Surgical management by banding and sclerotherapy have been successfully employed during pregnancy. It is possible to do short surgery during the second trimester.

Case Report

A 23-year-old primigravida, who was a known patient of NCP, reported for antenatal care at 24 weeks of gestation with complaints of a dragging sensation in the left upper abdomen. There was no history of fever, jaundice, hematemesis, bleeding tendencies or blood transfusion in the past. Examination revealed pallor, intrahepatic enlargement commensurate with the period of gestation, hepatomegaly and massive splenomegaly. There were no stigmata of chronic liver disease. Liver function and coagulation parameters were normal. Markers of infective hepatitis were negative. Pancytopenia was present and attributed to hypersplenism. Sonographic examination confirmed hepatomegaly without distortion of liver architecture, massive splenomegaly, dilatation of portal collaterals, absence of ascites and a single, live intrauterine fetus corresponding to the period of gestation. Upper gastrointestinal endoscopy was done and it revealed the presence of grade III varices.

Sandhya GS et al

261

There is a danger of variceal rupture and hematemesis when the patient strains during labor. Patients with EHPO and NCP generally tolerate labor well and cesarean section is not mandatory. It is however, necessary to have a Sengstaken-Blackmore tube and adequate amount of cross matched blood readily available if these patients are given a trial of labor. They must not be allowed to bear down and the second stage should be cut short.

Pregnancy is not contraindicated in patients with portal hypertension due to NCP, EHPO and compensated cirrhosis. Termination of pregnancy needs to be considered only in patients with decompensated cirrhosis, recurrent/262 hematemesis and deranged liver functions, especially abnormal coagulation profiles. The management of pregnancy with portal hypertension should only be done at tertiary care centres by a multidisciplinary team with backup facilities for intensive care and blood transfusion.

References

1. Cheng YS. Pregnancy in liver cirrhosis and/or portal hypertension. Am J Obstet Gynecol 1977; 128: 812-21.
2. Britton RC. Pregnancy and esophageal varices. Am J Surg 1982; 143: 421-5.
3. Lee WM. Pregnancy in patients with chronic liver disease. Gastroenterol Clin North Am 1992; 21: 889-903.
- 262 hematemesis and deranged liver functions, especially abnormal coagulation profiles. The management of pregnancy with portal hypertension should only be done at tertiary care centres by a multidisciplinary team with backup facilities for intensive care and blood transfusion.
4. Cheng YS. Pregnancy in liver cirrhosis and/or portal hypertension. Am J Obstet Gynecol 1977; 128: 812-21.
5. Britton RC. Pregnancy and esophageal varices. Am J Surg 1982; 143: 421-5.
6. Lee WM. Pregnancy in patients with chronic liver disease. Gastroenterol Clin North Am 1992; 21: 889-903.

Discussion

Prognosis of portal hypertension during pregnancy depends upon the underlying cause and the extent of derangement of liver function. Maternal prognosis is better with EHPO and NCP and poor with cirrhosis of the liver. Maternal mortality ranges between 2% and 18%, being maximum with cirrhosis. The causes of death are generally hematemesis, hepatic coma or peripartum hemorrhage. Perinatal mortality ranges between 11% and 18%, mainly due to preterm delivery or intrauterine growth restriction (IUGR).

Of the women with cirrhosis, 20-30% will have hematemesis during pregnancy with the mortality ranging between 50-60%. The incidence of hematemesis in patients with EHPO and NCP is around 7%. The timing and severity of hematemesis, however are unpredictable. Hematemesis is more common in pregnancies complicated by varices. Hematemesis during pregnancy is

Office of the DGAFMS



AFMRC PROJECT COMPLETION CERTIFICATE SURGERY AND ALLIED SUBJECTS

This is to certify that Lt Col Sanjan Das (Retd) has completed AFMRC project No. 3991/2009 as Principal worker, titled -
"The study of association between maternal oral health and adverse pregnancy outcomes (MOHAPO trial)"

Co - Worker : Col Subrata Roy

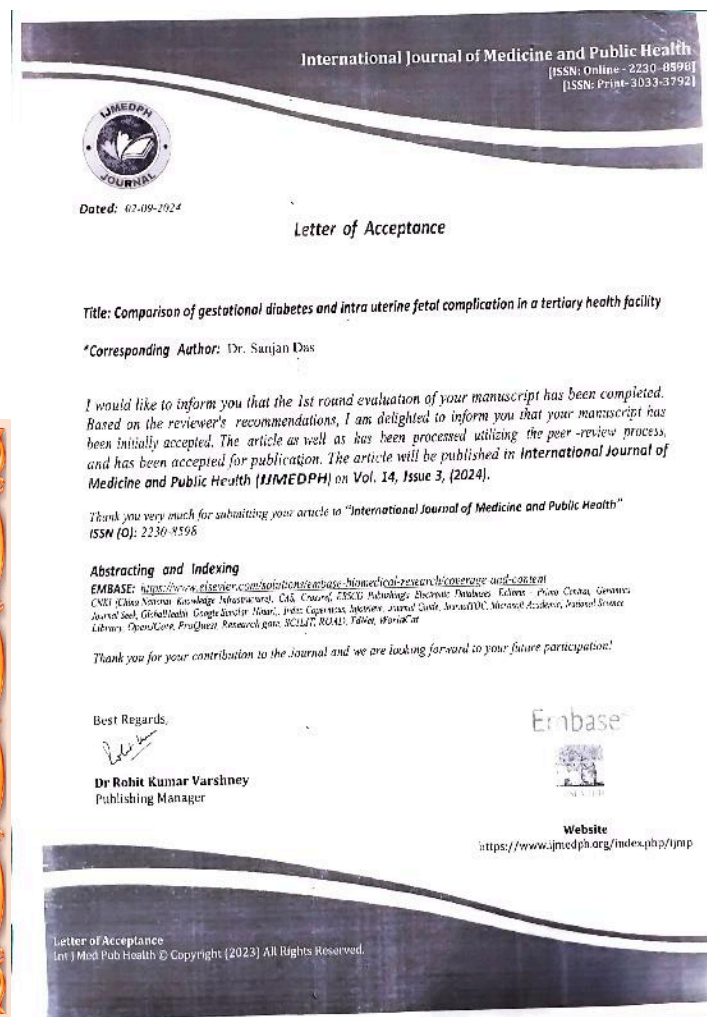
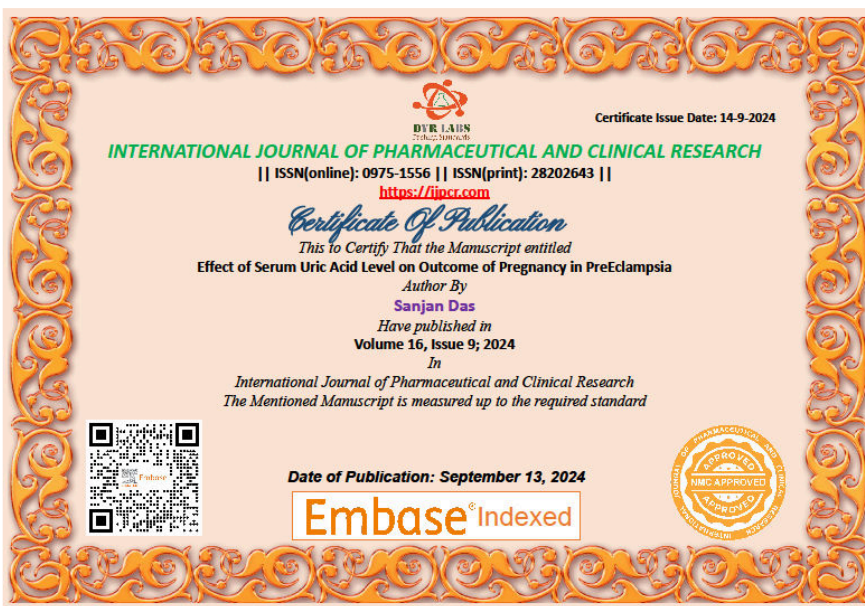
Place of work : Base Hosp Barrackpore
Budget of project : Rs. 10,000/-
Date of completion : 30 Nov 2021

(Col RK Joshi)
Col AFMS (MR)



(Maj Gen Subrato Sen, SM)
Addl DGAFMS (MR, H & Trg)

Date : 30 AUG 2023



1	2	3	4	5	6	7	8	9
	PREGNANCY WITH PORTAL HYPERTENSION	SANJAN DAS	CASE SERIES	J OBSTET GYNECOL INDIA	2007	Print	VOL 57,NO 3:MAY/JUNE 2007	NATIONAL JOURNAL
2	THE STUDY OF ASSOCIATION BETWEEN MATERNAL ORAL HEALTH AND ADVERSE PREGNANCY OUTCOMES(MOHAPO TRIAL)	SANJAN DAS	PROJECT (MOHAPO TRIAL) ORIGINAL PAPER	ARMED FORCES MEDICAL RESEARCH COMMITTEE	2021	PRINT /ONLINE	3991/ 2009	OFFICE OF THE DGAFMS/ NATIONAL JOURNAL
3	COMPARISON OF GESTATIONAL DIABETES AND INTRAUTERINE FETAL COMPLICATION IN A TERTIARY HEALTH FACILITY	SANJAN DAS	ORIGINAL RESEARCH ARTICLE	INTERNATIONAL JOURNAL OF MEDICINE AND PUBLIC HEALTH	2024	PRINT/ONLINE	ISSN :ONLINE No- 2230-8598 ISSN: PRINT-3033-3792	EMBASE
4	EFFECT OF SERUM URIC ACID LEVEL ON OUTCOME OF PREGNANCY IN PRE-ECLAMPSIA	SANJAN DAS	ORIGINAL RESEARCH ARTICLE	INTERNATIONAL JOURNAL OF PHARMACEUTICAL AND CLINICAL RESEARCH	2024	PRINT/ONLINE	ONLINE: 0975-1556 PRINT: 2820-2643	EMBASE

PRESENTATIONS/ACADEMIC ACTIVITIES/EXPERIENCE

Title of the Presentation	Date of Presentation	Name of Conference	Nature of Presentation
NON-CIRRHOTIC PORTAL HYPERTENSION IN PREGNANCY	12062003	PUNE OBS GYNAE ANNUAL CONF	Paper
PAIN ABDOMEN IN EARLY PREGNANCY: DIAGNOSTIC DILEMMA	13022004	SRIGANGANAGAR OBG CONF	Paper
CERVICAL CANCER SCREENING METHODS	20052008	ICOG CONF AGRA	Paper
LIFESTYLE MODIFICATIONS AND INFERTILITY	12092013	OBG CONF BARRACKPORE	Paper
DIABETES IN PREGNANCY	20102017	TEZPUR	Paper
CESAREAN DELIVERY ON MATERNAL REQUEST	25032019	JAMSHEDPUR OBGYN SOCIETY ANNUAL CONFERENCE	TALK

Experience AS FACULTY in conducting Theory/Practical Examinations and Accreditation Assessment of Hospitals for NBE and other Universities.

1. Conducted Theory and practical examination for the DNB theory and practical examination held in Command Hospital Kolkata in Feb 2011
Helped in organising the setup, checking LogBooks And Thesis assessment during the same.
2. Conducted Theory/Practical Examinations for the FAT conducted by NBE held in our institute in academic year 2018-19
Checking of LogBooks And Thesis assessment during the same.

Significant contributions AS FACULTY to academic activities of NBE or other universities in earlier years

- a) Thesis Co Guide of DNB student in the year 2018-2021 and Thesis guide for the year 2019-2022
- b) Taking theory and practical classes for DNB residents for the academic year 2018-19 and 2019-2020
- c) Guiding DNB students in the Operation theatre (Hands on Experience)
- d) Conducting Seminars / Reviews ,Journal Club ,Basic Sciences Lecture, CME/Workshop/Conference, Formative Assessment

EXPERIENCE:

- e) Asst Prof in OBG from 2010 to 2014 in Command Hospital Kolkata
- f) Post Graduate teacher and examiner for DNB (OBG) since 2018 to 2020
- g) Expertise in working in United Nation Hospitals and dealing with international patients and clients
- h) Has been working and managing an entire department and hospital independently in Armed forces hospitals.
- i) Member of Disaster management teams.
- j) Perform and teach Complex vaginal surgeries,
- k) Laparoscopic procedures, infertility regimens and Gynecology
- l) Trained in Infertility under Dr Sadhna Desai in Mumbai
- m) Trained in Gyne oncology in TMH Mumbai
- n) Laparoscopy training in Army hospital RR New Delhi
- o) Ultrasonography training in Kolkata



icmr NIE
INDIAN COUNCIL OF
MEDICAL RESEARCH NATIONAL INSTITUTE OF
EPIDEMIOLOGY



Online Certification

This certificate is awarded to

DR SANJAN DAS

for successfully completing

Basic Course in Biomedical Research

As mandated by the National Medical Commission (NMC)

With a score of **60** % in Proctored Examination

December 1, 2024

Dr. Manoj V Murhekar

Director and Scientist G

ICMR - National Institute of Epidemiology
Chennai, Tamilnadu, India



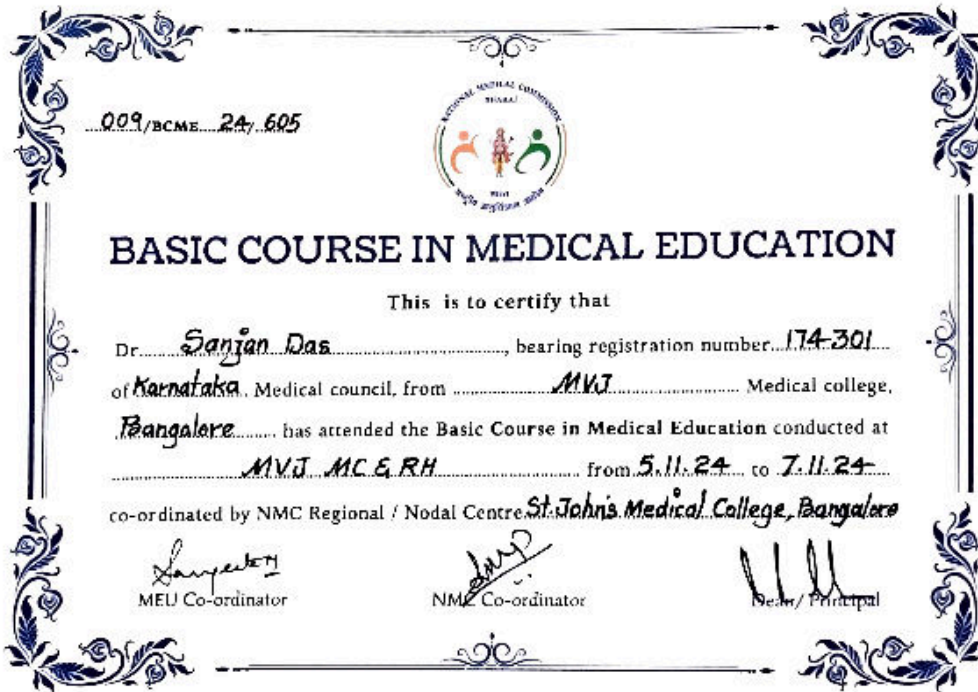
Dr. Rajiv Bahl

Secretary to Government of India,
Department of Health Research and Director General,
Indian Council of Medical Research, New Delhi, India



Roll no: DEC02BCBRS251704794

Pass criteria: $\geq 50\%$ in Proctored Examination





✉
sanjandas70@gmail.com

📞
+254793820307
+254745537028
+919957509199

SKILLS

High Risk Obstetrics

Maternal fetal medicine

Complex pelvic and vaginal surgeries

Removal of Uterus through Vagina without any scar (Natural orifice vaginal hysterectomy)

Laparoscopic procedures incl Laparoscopic Tubal Ligation(TL)

Hysteoscopic myomectomy

Infertility treatment

Gyne-Oncology

LANGUAGES

English
Full Professional Proficiency

Hindi
Full Professional Proficiency

INTERESTS

Maternal-Fetal Medicine

Teaching Undergraduates, Interns, Nursing Staff

Post Graduate teacher and examiner

Sanjan Das

Consultant Obstetrician And Gynecologist

With over 18 years of relevant working experience, I have gained high expertise in working as a gynecologist, obstetrician, and Gynecologic Laparoscopic surgeon.

WORK EXPERIENCE

Senior Consutant OBG
Armed Forces hospitals in India
01/2004 - 06/2018

India

Senior consultant
Tata Motors Hospital
06/2018 - 09/2020

Jamshedpur/India

Gynecologist
United Nations Level 3 hospital
01/2007 - 01/2008

Goma/DRC

Consultant Obstetrician and Gynecologist
Mediheal Hospital
09/2020 - Present

Nairobi/Kenya

PERSONAL PROJECTS

Post Graduate DNB teacher (06/2018 - 09/2020)

Post graduate examiner of NBE (OBG)

EDUCATION

Master of Surgery (MS) in Obstetrics and Gynaecology
Armed Forces Medical College
12/2000 - 12/2003

Pune, India

Publication

□ Biophysical profile in the assessment of IUGR after 28 weeks of gestation

□ Non cirrhotic Portal hypertension complicating pregnancy

Bachelor of Medicine and Bachelor of Surgery (MBBS)
Calcutta Medical College
09/1990 - 08/1995

Kolkata, India

Training in Infertility
Sadhna Desai Infertility Clinic
01/2004 - 06/2004

Mumbai, India

Cancer surgery training
Tata Memorial Hospital
06/2004 - 12/2004

Mumbai, India

Laparoscopy training
Army Hospital
01/2009 - 06/2009

New Delhi, India

Ultrasonography training
Command Hospital
01/2011 - 06/2011

Kolkata, India

Other Important Information:

Passport Number:S1695859

Place of Issue: KOLKATA

Date of expiry: 15/05/2028

Financial Information

Current Net Income 24 INR per annum

Current Benefits Nil

Expected Salary 36 lac to 48 lac INR per annum

Sanjan Das 01/01/2025

MINISTRY OF DEFENCE, GOVERNMENT OF INDIA
OFFICE OF THE DIRECTOR GENERAL ARMED FORCES MEDICAL SERVICES
CERTIFICATE OF MEDICAL TEACHING EXPERIENCE

1. This is to certify that Pers No **MR-07366A** Rank **Lt Col** Name **Sanjan Das** whose date of birth is **12 Feb 1970** has been an officer of the Indian Armed Forces Medical Services and has obtained the degrees as follows.

Qualification	College & University	Year	Regn No of UG & PG with date	Name of the State Medical Council
MBBS	Calcutta Medical College; University of Calcutta	1995	53010 dt 30 Jul 1996	West Bengal Medical Council
MS (Obs & Gynae)	AFMC, Pune; University of Pune	2003	53010 dt 07 Oct 2008	Medical Council of India

2. The officer has accumulated the following teaching experience while serving in AFMS , under provisions of the Gazette of India Notification namely "Minimum qualifications for Teachers in Medical Institutions Regulations, 1998" published in the Gazette of India on 05 Dec 1998 vide Notification No MCI-12(1)/98-Med, with amendments thereof, Teachers Eligibility Qualifications in Medical Institutions Regulations, 2022 dt 14 Feb 2022 and regulations for AFMS Officers notified by NMC erstwhile MCI till date.

Department	Details of Experience with date and place							
	Assistant Professor			Associate Professor			Professor	
	Period		Place of posting	Period		Place of posting	Period	Place of posting
	From	To		From	To		From	To
OBSTETRICS & GYNAECOLOGY	Oct 2007	Apr 2010	MH, Agra	Oct 2012	Jun 2014	CH (EC), Kolkata	-	-
	May 2010	Sep 2012	CH (EC), Kolkata	Aug 2017	Jun 2018	155 BH, Tezpur	-	-
Teaching Experience	05 Years			02 Years 08 Months			-	

Total Teaching Experience: **Assistant Professor: 05 Years**

Associate Professor: 02 Years 08 Months
(wef Oct 2012)

Publications for promotion to Assoc Prof: **Not applicable**

Publications for promotion to Prof : **01 (One)**

Date: **02 May 2024**

File No. 8510/Policy (NMC)/Cert/DGAFMS/DG-1D

Certificate Serial No. **R-1360**

Office Seal

Signature

(Vikas Srivastava)

Brig

Brig AFMS (Plg & Trg)

For Director General Armed Forces Medical Services

*Note:- The above certificate is issued subject to fulfillment of all other conditions laid down in National Medical Commission (NMC), Teachers Eligibility Qualifications (TEQ) Regulations-2022.