

Dr. Shivam Saumy

MBBS (Safdarjung Hospital), MS Orthopedics
(JNU, Jaipur)

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PROFESSIONAL SUMMARY

Year of Passing (MS Orthopedics): December 2025

MS Orthopedics specialist with MBBS from Safdarjung Hospital, trained in tertiary care settings with clinical experience in joint disorders, basic fracture care, and musculoskeletal conditions. Skilled in OPD/IPD management, emergency care, and operative assistance. Strong focus on evidence-based treatment, patient outcomes, and multidisciplinary coordination. Seeking a Senior Resident / Orthopedic role with structured surgical exposure and opportunities to build operative proficiency in a reputed institution. Willing to work in a high-volume trauma unit to enhance clinical and surgical skills. Also interested in arthroplasty with a focus on developing skills in joint replacement surgery.

MEDICAL REGISTRATION

Council: Delhi Medical Council (DMC)

Registration Status: Registered

Registration Number: DMC/R/28318

CLINICAL EXPERTISE

Basic Fracture Care & Initial Management – including splinting, traction, and fracture stabilization with clinicoradiological correlation

Degenerative Joint Disorders & Arthritis Care

Emergency Orthopedic Care & Stabilization

Perioperative & Postoperative Management

Rehabilitation Planning & Patient Counseling

CLINICAL EXPERIENCE

Orthopaedic Doctor – Telemedicine, New Delhi | Dec 2025 – Present

Providing teleconsultations for musculoskeletal complaints and general conditions

Diagnosing and managing cases with appropriate investigations and treatment plans

Educating patients on injury prevention, rehabilitation, and long-term care

Maintaining electronic medical records and follow-up tracking

MS Orthopedics Training | 2022 – 2025

Managed OPD/IPD orthopedic cases including degenerative conditions and basic trauma cases

Assisted in fracture management, casting, and basic orthopedic procedures

Exposure to operation theatre including assisting in orthopedic surgeries

Managed postoperative care and rehabilitation protocols

SURGICAL EXPOSURE

Assisted in fracture fixation procedures including plating and intramedullary nailing

Assisted in closed reduction and casting for various fractures and dislocations

Exposure to arthroplasty procedures including preoperative preparation and intraoperative assistance

Assisted in wound debridement and basic orthopedic surgical procedures

Rotatory Internship – Safdarjung Hospital, New Delhi | 01/01/2020 – 31/12/2020

Assisted in emergency and inpatient care across departments

Performed basic procedures including IV access, suturing, and catheterization

Participated in trauma care and acute case management

Maintained clinical documentation as per hospital protocols

Received certificate of training at Rural Health Training Centre during internship

CORE CLINICAL SKILLS

Orthopedic Evaluation & Diagnosis

Basic Fracture Management

Basic Orthopedic Care – splinting, traction, fracture stabilization, clinicoradiological correlation

Joint Disorders & Arthritis Management

Emergency Care

Patient Counseling & Communication

Medical Documentation

EDUCATION

MS Orthopedics (First Attempt) JNU, Jaipur

Completed: December 2025

MBBS – Safdarjung Hospital & VMMC, New Delhi, India

WORKSHOPS & TRAINING

Certified in Robotic Arthroplasty Workshop – Hands-on Simulated Bone Saw Training (Certificate endorsed by senior orthopedic faculty including Dr. S.M. Tuli)

Workshop on AI Tools for Social Media Branding in Healthcare – Doctorpreneur Academy

RESEARCH & ACADEMIC WORK

Thesis completed during MS Orthopedics training

Presented 2 posters at academic conferences (including CEZCON 2023)

Published 1 paper in the International Journal of Scientific Research

Worked in COVID-19 patient care post MBBS

PUBLIC HEALTH EDUCATOR & DIGITAL OUTREACH

Public Health Educator: Created visual infographics and short educational videos on musculoskeletal health and arthritis

Platforms: Facebook, Instagram, YouTube, LinkedIn

Focus on patient awareness, early diagnosis, and rehabilitation guidance

Experience in simplifying clinical concepts for public education and engagement

CERTIFICATIONS

Basic Life Support (BLS) – American Heart Association (AHA)

Advanced Cardiac Life Support (ACLS) – American Heart Association (AHA)

WHO Health Emergencies Programme – COVID-19: Operational Planning Guidelines and COVID-19 Partners Platform to Support Country Preparedness and Response

Certificate in Communication Skills and Stress Management Workshop

Certificate of Blood Donation – Delhi State AIDS Control Society, Government of Delhi

Certificate of Blood Donation – Sameen and Nikhil Memorial Goodwill Society (Regd.), conducted at VMMC & Safdarjung Hospital

Registered with Delhi Medical Council (DMC) and Rajasthan Medical Council (RMC); applied for Bihar Medical Council

PERSONAL DETAILS

Date of Birth: 15/12/1995

Languages: English, Hindi

Address: 1st Floor, B2/18, Opposite Hotel Azulo,
Sara Mathew Road, Safdarjung Enclave,
New Delhi – 110029