

SANSKRITI SHARMA

Clinical Dietician



Sanskritisharma022@gmail.com



8218059319



Ram Ganga Vihar MIG-121 Phase-2, Moradabad, Uttar Pradesh, Pincode- 244001



2000-12-28



WORK EXPERIENCE

Dietician, Fitelo

Provided personalized nutrition plans and client counseling for health and weight management.

4/11/2025 – 28/02/2026

Clinical Dietician, Artemis Hospital, Gurgaon, Haryana

- Conduct comprehensive nutritional assessments for patients with various medical conditions including diabetes, cardiovascular disease, renal disease and gastrointestinal disorders.
- Develop individualized care plans and provide follow-up support to monitor progress.
- Collaborate with physicians, nurses, and other healthcare professionals to optimize patient care.
- Educate patients and families on dietary guidelines, therapeutic diets, and lifestyle changes.

26/05/2025 – 01/09/2025

Max Super Speciality Hospital, Dehradun

Completed the internship in the Department of Dietetics

16/07/2024 – 15/01/2025

Asian Vivekanand Super Speciality Hospital

Completed the internship training in "Dietetics" department

16/05/2023 – 30/06/2023

Brand Associate, DU Community 101 Course

Completed the internship programme

31/07/2020 – 08/08/2020



WORKSHOP AND WEBINARS

Artificial Intelligence and Machine Learning, TEMPLE

facilitated by "Mr. Charan R. Nagaraj, Global Head Business Intelligence at Apple"
organised by TEMPLE

2022 – 2023

Self-Love 360° wellness (Physical-Mental-Spiritual), TEMPLE

facilitated by "Dr. Samir Kapoor, President India Active and founder FITCO (UK)"
organised by TEMPLE

2022 – 2023



ACADEMIC QUALIFICATION

M.Sc. Food Science and Nutrition, Banasthali Vidyapith, Jaipur, Rajasthan

7.50

2022 – 2024
Deemed University

B.Sc. Home Science, IFTM University, Moradabad

9.69

2022
UGC

CLASS 12, R.R.K. School, Moradabad

63%

2019
CBSE

CLASS 10, R.R.K. School, Moradabad

8.8

2017
CBSE



M.SC. DISSERTATION

Research

I have done research on Nutritional, Antioxidant Potential and Organoleptic Evaluation of Developed Fermented Products from Oryza sativa L. Varieties

2023 – 2024



CERTIFICATION

The Fundamentals of Digital Marketing

Got certified by Google.



LANGUAGES

• English

• Hindi



COMPUTER PROFICIENCY

• Basic knowledge of MS office



SKILLS AND QUALITIES

Diet planning

Health and fitness

Managerial skills

Decision making

Leadership qualities