

Curriculum Vitae

Dr. HIMANSHU

BNYS, BLS, ACLS

Naturopathy Physician, Yoga Therapy Consultant,
Innovation Ambassador of IIC by MoE's
Innovation Cell and AICTE

Academic Counselor, Admission Counselor

Member of Association of Ayurvedic

Professionals of North America (AAPNA), USA

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Career Objectives:-

To work in a well-established NATUROPATHY & YOGA Institute/Organization / Hospital that enables me to utilize me at most skills, talents, experience, knowledge creativity and motivate others to deliver their best.

Profile-

BNYS - MASCHNYS, Swami Vivekananda Subharti University, Meerut.

MSc Pursing

BLS - National Health Care Providers Solutions.

ACLS - Team Health Institute accredited by ACCME.

PALS- Team Health Institute accredited by ACCME.

- Accomplished Assistant Professor at IIMT University, Meerut, with extensive experience in curriculum development, strategic lesson planning, and innovative pedagogy implementation.
- Proven track record in conducting and leading research, chairing academic conference sessions, and contributing to departmental accreditation processes.
- Former Lecturer at SGT University, Gurugram known for developing comprehensive course curriculums and mentoring postgraduate students. Expertise in e-learning authoring tools, lecture planning, grant writing acumen, and professional accreditation processes.
- Career goal: To further enhance academic standards through innovative teaching methods and impactful research in area of Naturopathy and Yogic Sciences.

Work Experience:-

IIMT UNIVERSITY, MEERUT

Assistant Professor

Oct 2021- Current

- Coordinated with colleagues in continuous reviews and curriculum development, ensuring students received high-quality courses.
- Assisted in planning and development of teaching materials, workbooks and class projects.
- Implemented strategic lesson planning, monitoring progress and performance against set targets.
- Maintained extensive knowledge in current research, ensuring teaching met academic standards.
- Worked closely with professor to define objectives, guide research and manage deadlines for curriculum.
- Chaired sessions at academic conferences, facilitating discussions on latest research and trends in Naturopathy and Yogic Sciences.
- Contributed to departmental accreditation processes, ensuring compliance with educational standards and quality.
- Created online course content for distance learning programmes, making Naturopathy and Yogic Sciences accessible to a wider audience.
- Supervised and mentored students, guiding thesis research and academic development.

SGT UNIVERSITY, Gurugram

Lecturer

Jun 2019- Sep 2021

- Developed tests and materials to assess and promote student learning objectives.
- Planned and developed course curriculums based on government guidelines, trends and head of department input.
- Marked and graded homework, assignments, papers and tests, providing constructive feedback to improve learning development.
- Created presentations to deliver lecture material in classroom and online learning environments.
- Led a departmental initiative to review and update course content, ensuring relevance and alignment with current academic standards.
- Conducted extensive research in Victorian Literature, contributing to the body of knowledge with published articles in peer-reviewed journals.
- Distributed research findings to external bodies for broadened project scope.
- Collated articles explaining key curriculum concepts and shared information with students to reinforce lectures.
- Taught lectures and seminars in Naturopathy and Yogic Sciences.
- Supervised student dissertations and projects, field trips and placements to gain insight into workplace and impart job experience.

Accomplishments and awards

- Member of Board of Study in two elite Universities of India.
- Works as incharge of NAAC Criterion 1 and Criterion 6.
- Innovation Ambassador of IIC by MoE's Innovation Cell and AICTE.
- Coordinator of National Service Scheme .
- Works as CoE Representative.
- Works as Sport Coordinator
- Works as Admission Coordinator
- Works as Transport Coordinator
- Value Added Courses Coordinator

Conferences / Workshops / Camp Conducted:-

- Organized a Workshop on Chiropractic.
- Organized a Free Medical Camp in account of Naturopathy Day.
- Organized a Workshop on Naturopathy Innovation and Technology Revolutionizing Wellness; How Naturopathy meets Technology.
- Organized a Session on Business Model Canvas
- Organized a Workshop on Process Design and Development
- Guest Lecture on Session on How to plan for start-up and Legal and Ethical Steps in field of Naturopathy and Yogic Science
- Organized a Poster Presentation on Intra Institutional Business plan Competition and Reward Best Innovations
- Organized a Workshop on Intellectual Property Rights and IP management for Start Ups.
- Organized a Webinar on A Holistic Approach Towards Psychosomatic Disorder.
- One week Faculty Development Programme on Contemporary Socio- Economic Issues and Teaching Learning Methods for Teachers.
- Organized a Seminar on Career Opportunities and Entrepreneurship On BNYS.
- Chaired and Organized the one week scientific session on International Conference on the theme "Latest trends in Research in Yoga for Health and Immunity" organized by SGT University, Gurugram Haryana.
- Certificate of participation in ICHW-2021 "2nd International Conference on Holistic Wellness through Yoga and Naturopathy" as a delegate from 14 to 19 June 2021.
- Axis medical education certified "Opoid Management Best practices" on 22 June 2021.
- Certificate of Participation :
 - The First Step TO My Career,
 - IP Awareness Program under National Intellectual Property Awareness Program
 - Faculty Training Program on Enhancement of Education through VAC.
 - Faculty Program on Nurturing Entrepreneurial Mindsets from Faculty to Facilitators
 - Future Prospects in Nutraceutical Industry,
 - Audits and Inspections in Clinical Trials.
 - 3D Printing in Development of Pharmaceutical Dosage Form
 - Medical Devices - An Emerging Career.
 - How to write Research Proposal for Funding and Exploring Collaborative Research in Medicine.
 - Two days' workshop on Role of "Meditation in Prevention and Treatment of Cardiovascular Disease" by AIIMS Rishikesh.
 - Two day workshop on "Generating Positivity: A scientific Approach" Organized by Patanjali Research foundation, Haridwar, Uttarakhand.
 - Participated in one month camp in Nauchandi Mela . .

Therapeutic Skills:-

Yoga, Yogic Kriyas, Meditation, medical consultant.
Nutritional Guidance and Diet Specialist.
Relaxation Techniques and Physiotherapy, Simple exercise therapy.
Acupuncture, Acupressure, Reflexology.
Manipulative Therapeutics and Swedish massage Specialties.

Computer Skills:-

MS Office Word, MS Office PowerPoint, MS Office Excel,
Adobe Photoshop and Wondershare Filmora,
Diploma in Computer Application,
CCC.

Personal Details:-

Father's Name : Shri Omprakash
Date of Birth : 20/09/1996
Marital Status : Married
Languages Known : English & Hindi
Address : Almaspur, Muzaffarnagar (U.P)
Nationality : Indian
Hobbies : Yoga, Sports & Games, Reading.
Strength : Honest, Discipline & Punctual.

Reference:-

Dr Sangeeth Somanadhapa,

Prof. & Dean,

Faculty of Naturopathy & Yogic Sciences,

SGT University, Budhera, Gurugram (Rural), Haryana 122505, INDIA

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Dr Abhay M Shankregowda

Principal & Dean Ayush,

Swami Vivekananda Subharti University.

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences

Meerut, Uttar Pradesh.

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Email:-naturopathy@subharti.org

DECLARATION:-

I hereby declare that the information furnished above is true to the best of my knowledge.

Yours Faithfully,

Dr. HIMANSHU

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