

HIFZURREHMAN, MSC MEDICAL, (Physiology)

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Career Objective

Dedicated and passionate medical professional with a strong academic background in medical physiology. Skilled in delivering interactive lectures, conducting practical demonstrations, guiding research, and mentoring students. Seeking a faculty position to contribute to academic excellence and student growth in a reputed medical institution.

Educational Qualifications

MSc Medical (Physiology)	Teerthanker Mahaveer Medical College & Research Centre	[2024–25]
BSc Life Sciences	Mahatma Jyotiba Phule Rohilkhand University, Bareilly	[2020–2021]

Teaching Experience

Lecturer – Department of Science

Sun Rise Inter College [Year – 2022]

Lab Assistant

- Conduct lectures, tutorials, and practical classes for MBBS and BDS students.
- Participate in curriculum design, assessments, and departmental academic activities.

Clinical & Research Experience

- Research Dissertation: “Comparative study on influence of regular breathing exercises on obesity indices and blood sugar level in young individuals.” Published in International Journal of Environmental Sciences, ISSN: 229-7359[2025] Scopus Indexed.

Publications & Conferences

- 2 publications in peer-reviewed journals.
Poster Presentation Award – awarded for academic/research presentation at [UP-UK APPICON/12th Annual conference of Association of Physiologists & Pharmacologists of India].
- Attended AIIMS Conference- Certificate of Participation on “Frontier in Nutrition Challenges and Opportunities for Healthier Tomorrow”.

Skills

- Classroom and Clinical Teaching
- Curriculum Development & Student Assessment

- Microsoft Office
- Communication & Mentorship
- Medical Writing & Presentation Skills

Awards & Achievements

NSS Certificate – for participation in community service and social work activities.

Certificate of Participation in “Council of Science & Technology, UP (Department of Science & Technology, UP)

Attended the District-level "Metric Mile" and secured 2nd position.

Hobbies

Playing and watching Cricket

Shayari

Learning new things in Medical Sciences.

Declaration

I hereby declare that the above information is true to the best of my knowledge and belief.

(Signature)

Hifzurrehman