



Name: Dr. Santhi Sree Mummadisingu

Age: 55 yrs

Date of Birth: 04 Feb 1970

Permanent Address:

Dr Santhi Sree Mummadisingu
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Qualifications:

- **M.D. (Community Medicine), (NTR University of Health Sciences Topper in Combined AP & Telangana States, Gold Medallist) Year-2014,** GSL Medical College, Rajahmundry.
- **D.P.H. (Diploma in Public Health) 2010,** Guntur Medical College, Guntur.
- **M.B.B.S. 1994,** Andhra Medical College, Visakhapatnam.

Registration Nos:

- **MBBS : RMC-54448,** Rajasthan Medical Council
- **MD : RMC-24098,** Rajasthan Medical Council
- **DPH : RMC-24099,** Rajasthan Medical Council

Medical PG Diplomas & Certifications:

- **P.G.D.M.C.H. - 2004** (Post-Graduate Diploma in Maternal and Child Health), Indira Gandhi National Open University, New Delhi.
- **P.G.D.P.P.H.C. - 2005** (Post-Graduate Diploma in Preventive and Promotive Health Care), Apollo Hospitals Educational & Research Foundation, Hyderabad.
- **C.C.Diabetology-** (Certificate Course in Diabetology), 2003- University of New Castle, Australia & 2006- Madras Diabetes Research Foundation, Chennai & 2013- Dr Mohan's Diabetes Specialties Centre, Chennai
- **C.C.G.D.M.-2014,** (Certificate Course in Gestational Diabetes Mellitus)- Public Health Foundation of India, Delhi & Dr Mohan's Diabetes Education Academy, Chennai
- **A.C.M.D.C.-2016,**(Advanced Certificate Course in Prevention and Management of Diabetes & Cardiovascular Disease) at Public Health Foundation of India, Delhi.
- **C.C.E.B.D.M. -2016,** Certificate Course in Evidence Based Diabetes Management at Public Health Foundation of India, Delhi & Dr Mohan's Diabetes Education Academy, Chennai
- **C.C.M.H. - 2017,** Certificate Course in Management of Hypertension delivered by British & Irish Hypertension Society, International Society of Hypertension and Public Health Foundation of India (PHFI) from July 2016 to Apr2017.

Work Experience:

- **Professor & HOD**, Dept of Community Medicine at Vyas Medical College and Hospital Jodhpur From **01-04-2025 to Present**
- **Professor**, Dept of Community Medicine at Saraswati Medical College From **07-09-2024 to 20-03-2025. (6months 14days)**
- **Professor & HOD**, Dept of Community Medicine at Nootan Medical College and Research Centre From 01-09- 2023 to 06-09-2024 (**1year 6days**)
- **Professor & HOD**, Dept of Community Medicine at Ananta Institute of Medical Science and Research Centre From 06-07- 2022 to 31-08-2023 (**1year 1month & 26days**)
- **Associate Professor** in Community Medicine at Ananta Institute of Medical Science and Research Centre from 01-07-2019 to 05-07-2022 (3years & 5days)
- **Assistant Professor** in Community Medicine at Ananta Institute of Medical Sciences & Research Centre from 01-09-2018 to 30-06-2019 (10 months)
- **Assistant Professor** in Community Medicine at Katuri Medical College, Guntur from 01-07-2015 to 31-08-2018 (3years & 2months)
- **Senior Resident** in Community Medicine at Guntur Medical College, Guntur from 01-10-2014 to 30-06-2015 (9months)

Main Achievement as a Teacher:

- As an Associate and Prof & HOD hold the positions of **IEC member, CRC member and IRB reviewer for UG, PG and faculty members.**
- At Nootan medical college worked as member of **Central Research Innovations Centre at University level.**
- Every year our students of Ananta Institute of Medical Sciences got **good ranks in Community Medicine** in Rajasthan (RUHS)
 - **No.1 Rank in 2016**, In 2017—No batch appeared.
 - **Top 5 in 2018 & No.2 in 2019** Batches.
 - **And also, they got prizes every year in Inter College Quiz competition in Community Medicine in Udaipur in my tenure.**

Basic course in Biomedical Research:

- Passed with a consolidated score of 86% in cycle 4 March-Jun 2021 with Roll no: NPTEL21 MD04S14410137

Basic course in Medical Education Technology & ATCOM

- Underwent **Revised Basic course** in Medical Education Technology & **Sensitisation Program in ATCOM** in Nov 2017 at MCI Regional Centre for Medical Education Technology at AMC Visakhapatnam.
- Participated as Speaker in the Revised Basic Course Workshop & AETCOM Sensitization Programme conducted by Nodal Centre Smt. NHLMM College, Ahmedabad & AIMS Rajsamand from 15th to 17th Jul 2021.

Curriculum Implementation Support Program-II

- Underwent Curriculum Implementation Support Program-II at MCI Nodal Centre for Faculty Development Smt. NHLMMC, Ahmedabad & Ananta Institute of Medical Sciences and Research Centre, Rajsamand from 19th 20th Aug 2020.

GCP Certification

- I have undergone Workshop on "Ethics Research & Good Clinical Practice Guidelines" (GCP Certification) at **CMC Vellore** in the month of May 2018.

Workshops & Training Sessions:

- I have attended workshops on "**Advanced level Evidence Based Medicine**" & "**Developing a protocol for a Cochrane Systematic Review**" at **CMC Vellore** in Jun 2018.
- I have undergone **Research Methodology Workshop** at **GSL Medical College** in Sept 2013. And **organised Research Methodology Workshop** and acted as **Organising Secretary** at **Ananta Institute of Medical Sciences & Research Centre** in Apl 2022.
- I have undergone Short Course on **Theory & Practice of Epidemiology, Biostatistics & Demography (EpiBioDem 2013)** at **St. John's Research Institute, Bangalore** in Aug 2023
- I have undergone 2months rigorous training on **Prevention & Control of Diabetes** at Asia's Best **Dr Mohan's Diatetes Specialities Centre, Chennai** from 4th Apl to 3rd Jun 2013.
- Attended workshop on **Advanced Level Evidence Based Medicine** from Dept of Biostatistics Resource and Training Centre, **CMC Vellore** in Sept 2018.
- Attended workshop on **Instrument Development** in Nov 2018 organised by **SAMARTH Research Institute** & Schizophrenia Research Foundation (**SCARF**), Chennai.
- Attended **workshop on Qualitative Research Methods and Analysis** in May 2019 organised by **SAMARTH Research Institute** & Schizophrenia Research Foundation (**SCARF**), Chennai.
- Participated in facilitators training of Values in Health Care - A Spiritual Approach (VIHASA) Program organised by Medical Wing, Raja Yoga Education & Research Foundation at Academy for a Better World, Hyderabad in Dec 2017.

Member of:

- Life Member of **Indian Public Health Association** with Membership No. L/2012/AP/6291 dt.27-11-2012 and entitled to use designation "M.I.P.H.A"
- Life Member of **Indian Association of Preventive & Social Medicine (IAPSM)** with Life Membership No. L-7255/2023 dt.22-01-2023
- Worked as **Member of Medical Education Unit** of **Ananta Institute of Medical Sciences & Research Centre, Rajsamand.**
- Worked as Member of **Central Research Committee** in **Ananta Institute of Medical Sciences & Research Centre, Rajsamand.**
- Worked as **In-Charge of Internship Committee** at **Ananta Institute of Medical Sciences & Research Centre, Rajsamand.**
- Worked as **Member of Ethical Committee** in **Ananta Institute of Medical Sciences & Research Centre, Rajsamand.**
- Worked as **Member of Ethical Committee** in **J Watumull Global Hospital & Research Centre, Mount Abu, Rajasthan**
- Life Member of **Medical Wing** in **Rajyoga Education & Research Foundation, Mount Abu.**
- Member of **Healthy Heart Education & Research Foundation, India.**
- Life Member of **SpARC Wing** (Spiritual Applications and Research Center), of **Brahmakumaris World Spiritual University, Mount Abu.**

My areas of interest along with teaching:

- To provide Research Methodology training to UG, PG & Faculty
- Working towards **Prevention of lifestyle Diseases** (NCDs)
- Soft skills development and **VIHASA** (Values in Healthcare- a spiritual approach) facilitator to Medical Students in collaboration with Spiritual organisation.
- Practising Rajyoga Meditation since 1999 & giving voluntary services on & off at J. Watumull Global Hospital & Research Centre, Mount Abu since 1999.

Big & Multi Centric Research Projects:

- At present working as a Co-PI in a long Cohort Study named **"A Prospective Real-World Registry for Screening, Management and Assessment of Outcomes of Breast Cancer Among Specific Group of Women Affiliated with A Global Spiritual Organization"** on more than 30,000 unmarried nulliparous women at Mount Abu, Rajasthan
- Site Principal Investigator at Ananta Institute of Medical Sciences & Research Centre, Rajsamand for an ongoing **Multicentric project** named **"Knowledge, attitude, quality of life and health care seeking practices among perimenopausal and postmenopausal women regarding post-menopausal symptoms: A multicentric hospital based cross sectional study"**
- Participated and trained in a project named: Coronary Artery Disease Regression through **"Healthy & Happy Heart Lifestyle Module"** a Multidisciplinary research project, J. Watumull Global Hospital & Research Centre, Mount Abu. Participated from 1999 to 2006 in **Dr APJ Abdul Kalam's project of "Regression of Coronary Atherosclerosis through Healthy Lifestyle in Coronary Artery Disease Patients - Mount Abu Open Heart Trial"**.

My Main Research Publications as per NMC norms:

- Shrimant Kumar S, Santhi Sree M, Manjusha M, et al. (February 15, 2022) Efficacy of Residential, Group-Based, Intensive Holistic Lifestyle Intervention Among Type-2 Diabetes Patients - A Single Group Pre- And Post-intervention Study. Cureus 14(2): e22253. DOI: <https://doi.org/10.7759/cureus.22253> Available From: https://assets.cureus.com/uploads/original_article/pdf/79043/202202_16-19599-t1dsek.pdf
- Shrimant Kumar Sahu, Manjusha Mohandas, M. Santhi Sree, Jagat Jit Mohapatra, & Rohini Sharma. (2021). Prevalence of Depression, stress and anxiety symptoms among type 2 diabetics attending life style modification setting - A descriptive cross-sectional study. International Journal of Health and Clinical Research, 4(16), 14-18. Available From: <https://ijhcr.com/index.php/ijhcr/article/view/2578>
- Santhi Sree M, Srujana D. Burden of combined obesity among students of a medical college in Guntur city of Andhra Pradesh. Public health Rev: Int J Public health Res 2019;6(3):96-102. DOI: <https://doi.org/10.17511/ijphr.2019.i3.02>.
- Santhi Sree M. Assessment of Indian diabetes risk score as a tool for identifying diabetes among urban residents. Nat J Res Community Med 2019;8(2): 121-125. DOI: <https://doi.org/10.26727/NJRCM.2019.8.2.121-125>