

RESUME

Dr. Amarkant Thakur (MBBS, MS Orthopaedics)

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ResearchGate: Amarkant Thakur

Professional Summary

A dedicated and skilled Medical Professional with a good foundation in general medicine and specialized training in Orthopaedics. Completed MBBS from Maulana Azad Medical College, Delhi University in 2017, followed by one year internship at LNJP Hospital, Delhi. Successfully selected as a Medical Officer through competitive exams in ESIC, UPSC CMS, and Bihar Government. In 2021, cracked NEET PG and secured a specialty in MS Orthopaedics at LNJP Hospital, Delhi, where I completed a comprehensive 3-year postgraduate program.

During my career, I have gained extensive experience in trauma management, including expertise in performing orthopaedic procedures and providing post-surgical care. Proficient in Advanced Cardiac Life Support (ACLS) and Basic Life Support (BLS), with the ability to manage complex emergency situations. My goal is to leverage my clinical skills and knowledge to contribute effectively to a dynamic healthcare team, particularly in trauma care and orthopaedics, while continuing to enhance my medical expertise through further learning and professional growth.

Education

MBBS

Maulana Azad Medical College, Delhi University, Delhi
Completed: 2017

MS Orthopaedics

LNJP Hospital, Delhi
Completed: 2024

Medical Licensure

Issuing Authority: Delhi Medical Council, Delhi

License Issue Date: 2018

Certifications and Training

- **Advanced Cardiac Life Support (ACLS)**
 - **Basic Life Support (BLS)**
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Medical Experience

Intern

LNJP Hospital, Delhi

January 2018 – December 2018

- Rotatory internship covering multiple specialties, including emergency care.
- Gained hands-on experience in patient diagnosis, treatment, and emergency medical procedures.

Medical Officer

Bihar Government, Bihar

- Selected as a Medical Officer after clearing competitive exams (ESIC, UPSC CMS).
- Provided primary healthcare and managed a range of medical conditions, with a focus on orthopaedic and trauma care.

Postgraduate Resident (MS Orthopaedics)

LNJP Hospital, Delhi

2021 – 2024

- Focused on the management of trauma cases, orthopaedic surgeries, and post-surgical care.
 - Gained comprehensive skills in performing orthopaedic procedures, including fracture management and arthroscopy.
 - Participated in patient care, including preoperative, intraoperative, and postoperative management.
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Clinical Skills

- Diagnostic skills in MS Orthopaedics.
 - Proficient in trauma surgical care procedures, including fracture fixation.
 - Good patient communication and management skills, including patient education on recovery and rehabilitation.
 - Skilled in emergency care and resuscitation, proficient in ACLS and BLS.
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Research and Publications

- **Clinical Evaluation of Interlaminar Endoscopic Discectomy in Lumbar Disc Herniation by Destandau's Technique**, *Journal of Clinical Orthopaedics and Trauma*, October 2024.
 - **First Metatarsal GCT with Third Recurrence Salvaged Using Cervical Spine Cage**, *Journal of Clinical Orthopaedics and Trauma*, October 2024.
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Conferences and Continuing Education

- **DOACON Conference**, Maulana Azad Medical College, October 2024
 - Presented paper on my thesis work related to orthopaedic procedures and outcomes.
 - **Trauma Management Skills Workshop**, DePuy, November 2024
 - Participated in a specialized workshop focusing on advanced trauma care and surgical techniques.
 - **Orthopaedics PG course**, presented different long cases to renowned faculty of orthopaedic from all over India.
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Professional Affiliations

- **Delhi University**
 - **MBBS, MS Orthopaedics**
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Volunteer Work

Doctor

Arohi, NGO, Mukteshwar, Uttarakhand
Medical Camp, [November]

- Provided medical services and conducted health screenings in remote areas.
 - Led a team in providing primary healthcare to underserved populations.
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Languages

- **Hindi** – Fluent
- **English** – Fluent